

## PRE-TRIP CHECKLIST

- ☐ Purchase [Trip Insurance](#)
- ☐ Make travel arrangements to arrive at SRAC Base Camp or Salmon, ID
- ☐ Make travel arrangements to depart from McCall after the trip
- ☐ Complete your trip registration
- ☐ Sign your waivers
- ☐ Pay the final balance 90 days prior to your trip

## ARRIVAL

### MEETING TIME:

8 AM on the starting day of your trip

### MEETING PLACE:

SRAC Base Camp  
1276 Salmon River Rd  
North Fork, ID 83466

## TRAVEL DETAILS

We know that getting to and from our remote Base Camp can be a bit of a journey. We aim to make this process as smooth as possible for you. To help us coordinate logistics, please let us know your travel plans for both arrival and departure in advance.

### Easiest If You Are Driving (Most Popular)

#### Drive to Salmon + Vehicle Shuttle to the Take-Out

Drive to Salmon and leave your vehicle at our Base Camp. If you need your car immediately after the trip, you can arrange a vehicle shuttle to the Carey Creek take-out near Riggins. Estimated shuttle cost: \$575 (plus gas and tip)

### Best If You're Flying Commercial

#### Fly via Boise

Fly into Boise, connect to a regional flight with Gem Air to Salmon to begin your trip. After the river, we'll drive you to McCall for your return flight to Boise.

#### Scenic Flight On the Back End

##### Drive to Salmon, Fly back from McCall

Leave your vehicle at the Salmon Airport, we will pick you up and take you to the put-in. Then enjoy a scenic flight from McCall back to Salmon after the trip.

#### Scenic Flight On the Front End

##### Drive to McCall, Fly to Salmon

Drive to McCall before the trip and take a short flight to Salmon to start your adventure. We will pick you up at the Salmon Airport and take you to the put-in.



## SHUTTLE COMPANIES

Central Idaho River Shuttles	208-507-1830
River Shuttles	208-993-9143

## AIRLINES

<a href="#">Gem Air</a>	208-756-7382
<a href="#">McCall Aviation</a>	208-634-7134

## LODGING OPTIONS

We highly recommend arriving the night before your course begins, and staying with us in one of our comfortable safari-style glamping tents. As a kayaking course participant, you'll receive 10% off your lodging. Each stay includes breakfast and WiFi, so you can start your day relaxed, well-fed, and ready for the river.

If you're arriving late or prefer to stay in town, there are several hotel options nearby. Let us know if you'd like recommendations or assistance with local accommodations.

### HOTELS IN SALMON

- [Stagecoach Inn](#) 208-756-2919
- [Salmon River Inn](#) 208-742-4444
- [Super 8](#) 208- 410-4048

### CAMPING OPTIONS

- [Wagon Hammer RV Park](#) 208-865-2477
- North Fork General Store 208-865-7001
- FS Camping - Spring Creek (2mi downstream from SRAC)

## WHAT'S INCLUDED:

- All rafting gear: rafts, paddles, life jackets, helmets
- Waterproof dry bags - 1 large (for sleeping bag and personal items) and 1 small (for items needed during the day)
- Professional, fun-loving guides (the kind you'll want to be friends with after)
- 5 nights of comfortable riverside camping (tent for 2 with sleeping pads)
- Daily fresh, home-cooked meals, snacks, and drinks
- Transportation from the SRAC Base Camp (or Salmon) to the put in (Corn Creek)
- Transportation from the take out (Carey Creek) to McCall

## WHAT YOU NEED TO BRING:

- ☐ Sleeping bag, twin fitted sheet (for sleeping pad), small pillow
- ☐ Personal clothing for the river and camp
- ☐ Toiletries, including medications, bug spray and sunscreen
- ☐ Personal beverages (*Beer, wine, soda, etc NO Glass!!*)
- ☐ Gratuities for guides

## LAST MINUTE SHOPPING

**Grocery** - Saveway in Salmon

**Hardware Store** - Ace Hardware in Salmon

**Fishing License** - North Fork Store in North Fork

**Last Minute Items** - Our onsite Trading Post has basic items (toothbrush, toothpaste, SRAC merch, snacks, batteries, etc)

208-993-7722 (SRAC)

[adventure@salmonwhitewater.com](mailto:adventure@salmonwhitewater.com)

[www.salmonwhitewater.com](http://www.salmonwhitewater.com)



Each individual will be provided a large dry bag for the duration of your trip. This bag measures roughly 17 inches in diameter by 32 inches in height (the size of a large trash bag). Your sleeping bag and personal items must fit in this bag. Separate bags will be available for tents. We also provide a small dry bag for items needed during the day (sunscreen, chapstick, rain gear, etc.)

## PACKING TIPS:

- Pack clothing that can get wet and dirty. To cut down on bulk, plan to re-wear your dry clothes.
- Nylon stuff sacs are great for organizing items like toiletries, electronics, or socks and underwear.
- Bring a nylon stuff sack to keep your dirty clothes separate from everything else.
- Put toiletries in a ziplock bag so they don't leak in your bag

## CLOTHING AND GEAR:

daho's weather can vary quite a bit, even within a single day. You might experience everything from cool, rainy mornings to warm, sunny afternoons. Being ready for a mix of conditions will help ensure you stay comfortable and enjoy your time outdoors. The packing list and information we've provided are designed to make this easy—just follow the guidelines, and you will be all set!

## USE THE LAYERING SYSTEM

Dressing safely and comfortably for river trips is a challenging task. Here are tips to help:

### QUICK DRY

Quick-drying synthetic or wool materials like polyester, nylon, or merino wool to help maintain a comfortable body temperature, even when wet.

### AVOID COTTON

Cotton, when wet, can significantly lower your body temperature. However, you may bring a few comfortable items to wear at camp (t-shirt, hoodie, etc)

### LAYERING

Bring clothes that can be worn on top of others. Layering allows easy adjustment to quickly changing weather conditions by adding or subtracting layers.

### RAINWEAR

A good rain jacket and pants are essential for staying dry in stormy weather. Look for coated nylon or breathable materials like Gore-Tex for the best protection and comfort.

### FOOTWEAR

On the river, our guides usually wear river shoes, neoprene booties with sturdy soles, or river sandals. Closed-toe footwear offers the best protection and, when paired with wool or neoprene socks, helps keep feet warm in cold water. If you'd prefer not to buy new shoes for the course, old tennis shoes are a perfectly good alternative. Flip-flops and Crocs are not suitable for the scouting rapids and running rivers. However, feel free to bring them for use around camp in the evenings.

### WETSUITS AND PADDLE JACKETS

These are sometimes required for cold-weather trips, although you may not need to wear them every day.

## KAYAK EQUIPMENT:

If you would like to paddle on the Main Salmon, in order to ensure you have the best experience possible, please reach out to us (208- 993-SRAC) in advance so we can discuss your paddling experience. Also, please let us know if you plan to bring your own kayak for the trip or would like to rent one from us. We offer 10% discount on rental equipment to our river trip guests.

# RECOMMENDED PACKING LIST

## RIVER GEAR

River shoes (no flip flops)  
Sunshade shirt - long sleeve  
*For cold weather trips:*  
Wetsuit  
Paddle jacket  
Skull cap  
Wool or neoprene socks

## CLOTHING

2 Short sleeve shirt - quick dry  
2 Shorts - Quick dry  
2 Swimsuits  
2 Pants - quick dry  
2 Pair wool or synthetic socks  
Underwear  
Long underwear top  
Long underwear bottom  
Warm or puffy jacket  
Camp shoes (Crocs, flip flops)  
Tennis shoes (if you want to hike)  
Bandana  
Towel or Sarong for changing

## SLEEPING

Sleeping bag  
Small Camp Pillow  
Twin fitted sheet  
Ear plugs  
Headlamp

## DAY BAG

Sunscreen  
Water bottle with carabiner  
Sunhat with strap  
Sunglasses with strap  
Warm hat  
Wool or neoprene gloves  
Rain jacket  
Splash pants  
Warm layer  
Head lamp  
Lip protection

## TOILETRIES

Toothbrush  
Toothpaste  
Hair brush  
Hair ties  
Medications  
Lotion/Aquaphor  
Bugspray/afterbite  
Few bandaids  
Small pack of face wipes

## EXTRA THINGS

Camera with waterproof case  
Book  
Waterproof watch  
Binoculars  
Notebook or journal  
Fun shirt, costume, or wig  
Extra pair prescription glasses

## KAYAKING GEAR

Spray skirt  
Paddle  
Helmet  
Life Jacket  
Dry top  
Warm layer  
Throw rope  
Sponge

\*This is only if you are paddling and have your own gear. If you don't want to travel with it, you can rent equipment from us.



## ITENERARY

### Day 1 - Kickoff & hit the Water

Welcome to your river adventure! Arrive at Salmon River Adventure Co. (SRAC) by 8 am, dressed for the river and ready to roll. We'll hand out dry bags for your gear, then load up the van for a scenic 2-hour drive down a rugged dirt road to the legendary Corn Creek boat ramp.

We'll fuel up with lunch riverside, run through a safety talk, and then—we're off! You'll be paddling, splashing, and soaking in stunning canyon views by early afternoon. Expect to be on the water until about 4 pm. Pro tip: helping carry gear is always appreciated and adds to the team camaraderie!

### Days 2-5 – River Life, Wild & Wonderful

Each day is full of river magic, from sunrise coffees to starry night skies:

- 7:00 am – Fresh-brewed coffee & tea await you on the beach.
- 8:00 am – Hearty breakfast to power your paddle. Time to pack up tents and personal items.
- 9:00 am – Gear and dry bags to the boats. Some of the guides will be packing rafts, others will walk through the plan for the day with some warm-up exercises.
- 10:00 am – Launch into a day of adventure: rapids, swimming holes, and maybe a hot spring.
- Noonish – Riverside lunch with a view.
- Around 4:00 pm – Pull into our next riverside camp (each one is unique and gorgeous).
- 5:00 pm – Happy hour apps & chill time.
- 6:00 pm – Delicious dinner by the river.
- 7:00 pm – Desert or S'mores by the fire—because yes.
- 7:00 pm–9:00 pm – Evening fun: games, stories, optional activities, or just soaking in the serenity.

### Day 6 – The Final Float & Fond Farewells

Our last morning on the river starts early to make the most of it:

- 6:00 am – Early-bird coffee for the sunrise crew.
- 7:00 am – Breakfast + pack your sack lunch.
- 8:00 am – Bags loaded, one last launch.
- By 11:00 am–12:00 pm – We hit the take-out, share a final riverside lunch, and say goodbyes.
- 12:30 pm Depart for McCall
- 3:00 pm Approximate arrival to McCall

You're in for 6 days of wild water, epic landscapes, delicious meals, campfire laughs, and unforgettable memories. Let the river take you—this is going to be legendary.

## OTHER IMPORTANT INFORMATION:

### PARTICIPANT RESPONSIBILITIES

All participants will be required to follow the safety policies and procedures of Salmon River Adventure Company, and its guides/instructors. All participants will be required to sign an agreement to assume all risks; release of liability/agreement not to sue and to indemnify in favor of Salmon River Adventure Company.

### UNPLUG

We are in a remote location and do not have cell service at the SRAC Base Camp. This is an opportunity to “unplug” and connect with others in nature. During the river trip, there is no internet, no cell service, and no electricity.

### ELECTRONICS/VALUABLES

If you bring your camera or smartphone it's a good idea to purchase a waterproof case. **We are NOT responsible for lost or stolen valuables.**

### MEALS AND ALCOHOL

SRAC provides all meals and non-alcoholic beverages from lunch on the first day to lunch on the last day. Dietary restrictions and allergies can be accommodated with advance notice. Alcoholic beverages may be brought, preferably in unbreakable containers. For your safety, drinking alcoholic beverages on the river is not allowed. Beer and soda need to be in aluminum cans and will be stored in a shared cooler. Please mark the tops of your cans with your initials using a permanent marker. For the safety and well-being of all participants, our guides reserve the right to ask individuals to stop drinking if it interferes with the experience, safety, or group dynamic.

### AFTER THE TRIP

We plan to arrive at the Carey Creek Boat Ramp around noon. Guests will have a sack lunch while the guides are sorting and loading up gear. Guests will then board the bus (with their lead guide) for the shuttle to McCall. This trip typically takes 2 hours and 30 minutes.

### LEAVE NO TRACE

We follow Leave No Trace principles to help protect the wild and scenic places we visit. Campers will learn how to minimize their impact and will take part in leaving every site cleaner than we found it—a core part of our commitment to stewardship and respect for the outdoors.

### FISHING

If you would like to fish on the trip, you will need to purchase a fishing license. This can be done online ahead of time, or you can swing by the North Fork Store on your way in. Please bring collapsible rods in durable cases.

### ON THE RIVER

The pace of the river trip is very dependent on the flows of the river. We usually spend around 5 hours (minus 1 hour-ish for lunch) on the river each day. However, this can vary depending on how many miles we need to travel each day to get to camp.

### YOUR GUIDES and INSTRUCTORS

Our guides/instructors have a deep appreciation for the rivers we run, and want you to enjoy your trip with them. They are happy to help you in any way needed. Our staff are accomplished in outdoor skills and extensively trained in first aid and CPR. In addition, they are mature, interesting people we think you'll enjoy.

### GRATUITIES

We are often asked if tipping is appropriate. Tips are certainly appreciated by your guides and are usually around 10% to 15% of the trip cost. Tips can be given to the lead guide/instructor who will evenly distribute them between the guides and instructors.

